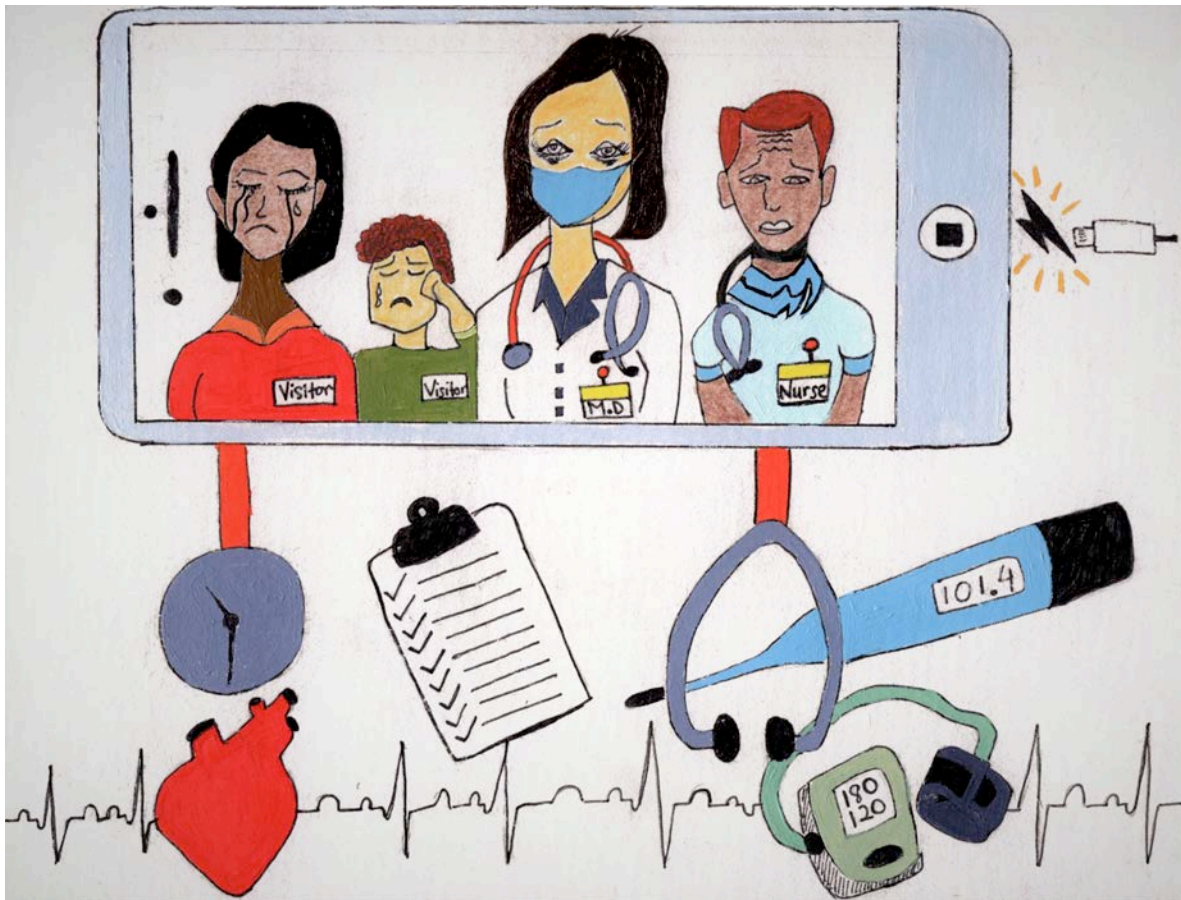


STUDIO ART | FALL 2020

Recharge

By Virali Shah



Virali Shah, MBA is a medical student at Albany Medical College in Upstate New York. Early into her medical training, Shah discovered how art, including visual and literary forms, was a powerful tool to externalize complex emotions, depict abstract ideas related to medicine, and create awareness of important issues surrounding healthcare. She is trained in oil and acrylic painting and was a docent at a memorial art gallery for four years. Currently, Shah is leading an intersectional project on narrative medicine, dance, and health equity at her school to research the benefits of arts training in medical education. She is featured in the Doctors Who Create “Creativity in Medicine” Podcast and is a contributing writer for the published, peer-reviewed book “Diary of a Med Student.”

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