

Wake Up

By Sarah Safford

THIS IS NOT HAPPENING

THIS CANNOT BE REAL

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

THIS IS UNBELIEVABLE

DON'T THINK I CAN DEAL

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

SOMEONE TELL ME I'M HEARING VOICES

THIS NIGHTMARE'S IN MY HEAD

SOMEONE TELL ME THAT I HAVE CHOICES

CAUSE THAT'S NOT WHAT THEY SAID

GIVE ME A PILL TO TAKE

A HABIT TO FIX

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

THIS IS A HUGE MISTAKE

THESE DOCTORS ARE PRICKS

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

SOMEONE TELL ME WE'RE IN A STORY

OR ACTORS IN A PLAY

SCIENCE FICTION A LITTLE GORY

AND IT WILL END TODAY

THIS IS UNACCEPTABLE

BUT WHAT CAN I DO?

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

MEET WITH MY LAWYER

'CAUSE I BET I CAN SUE

WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP, WAKE UP,

SOMEONE TELL ME THAT I AM DREAMING

IT'S ALL A PRACTICAL JOKE

I'M NOT READY TO STAND HERE SCREAMING

BUT I'M ABOUT TO CHOKE

THIS IS NOT HAPPENING

THIS CANNOT BE REAL

WAKE UP, WAKE UP, WAKE UP, WAKE UP, PINCH ME PLEASE

THIS IS UNBELIEVEABLE

DON'T THINK I CAN DEAL

WAKE UP, WAKE UP, WAKE UP, WAKE UP...
SOMEBODY WAKE ME UP

Sarah Safford is a lyricist and an educator, currently employed at the Brooklyn Adult Learning Center. She has a Masters in Public Health and is an alumnus of the BMI Musical Theater Workshop. Throughout her career she has been involved in creating performances, most recently musicals, with health-related themes.

© 2015 Intima: A Journal of Narrative Medicine