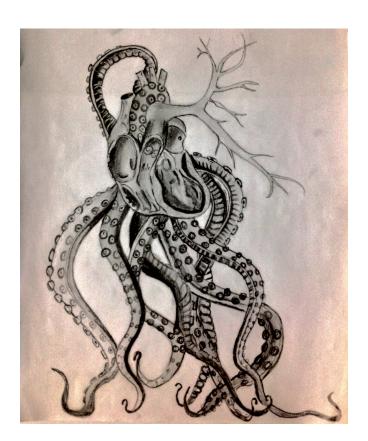


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Takotsubo Cardiomyopathy – The Broken Heart Syndrome

By Rayda Joomun



Rayda Aaishah Joomun, MD grew up in Mauritius. She is a doctor, writer and artist. Dr. Joomun has obtained multiple literary awards for the Commonwealth 'Write around the world' competition and the 5th International Writers' Conference in Mauritius. In her handmade drawing, she depicts Takotsubo Cardiomyopathy or The Broken Heart Syndrome, a rare, reversible condition where severe physical or emotional stress weakens/stuns the left ventricle which balloons out and takes the shape of the Japanese "Takot-subo" octopus trap for some time, impairing its normal pumping ability.